

Date	Drinks	Snack	Main Meal	Vegetables	Protein	Side dish	Dessert
3 rd August Monday	Water Fruit juice at Lunch	Fruits	Pasta mixed with tomato	Mixed veg	Meatballs	Garlic bread	Fruit jelly
4 th August Tuesday	Water Fruit juice at Lunch	Fruits	Oven-baked potato wedges	Sweet corn	Chicken	Salad	Fruit yoghurt
5 th August Wednesday	Water Fruit juice at Lunch	Fruits	Stir-fried Noodles	Mixed veg	Beef	Garlic bread	Mini cake
6 th August Thursday	Water Fruit juice at Lunch	Fruits	Rice and tomato sauce	Carrot sticks and cucumber slices	Chicken	Plantain	Muffin
10 th August Monday	Water Fruit juice at Lunch	Fruits	Stir-fry pasta	Mixed veg	Chicken		Ice cream
11 th August Tuesday	Water Fruit juice at Lunch	Fruits	Mashed potato and gravy	Sweet corn	vegetarian sausage	Sweet corn	Biscuits
12 th August Wednesday	Water Fruit juice at Lunch	Fruits	Tuna sandwich and cheese/tomato sandwich	Carrot sticks and cucumber slices			Watermelon
13 th August Thursday	Water Fruit juice at Lunch	Fruits	Beef/Vegetables burgers	Lettuce		baked beans	Flapjack

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17 th August Monday	Water Fruit juice at Lunch	Fruits	Pizza and potato wedges	Peas			A piece of cake
18 th August Tuesday	Water Fruit juice at Lunch	Fruits	Mac and cheese	Mixed Veg		Garlic bread	Cookies
19 th August Wednesday	Water Fruit juice at Lunch	Fruits	Potato, chicken and Yorkshire pudding	Mixed Veg			Fresh fruits
20 th August Thursday	Water Fruit juice at Lunch	Fruits	Rice and tomato sauce	Carrot sticks and cucumber slices	Chicken	Plantain	Muffin
24 th August Monday	Water Fruit juice at Lunch	Fruits	Vegetarian wraps with mixed pepper and chicken			potato chips	Mini Brownies
25 th August Tuesday	Water Fruit juice at Lunch	Fruits	Spaghetti bolognese	Mixed veg		Garlic bread	Apple Crumble
26 th August Wednesday	Water Fruit juice at Lunch	Fruits	Hotdog/vegeterian hotdog	Salad			Fruit Salad
27 th August Thursday	Water Fruit juice at Lunch	Fruits	Pizza	Mixed veg			Fruit Salad